



## ABOUT THE AUTHOR

Denise Nicholson is the cofounder of Knitted Together, a company specializing in healing from trauma through therapeutic storytelling and empowerment programs.

She is also the founder of Seeds of Opportunity which is a nonprofit organization whose goal is to give impoverished children a chance to succeed by providing basic needs and focusing on enhancing their education. Denise is known as an inspirational and insightful speaker with the gift of telling stories.

She is a native of Jamaica, West Indies and migrated to Mount Vernon, New York as a teenager. She became a teenage mother who then overcame many obstacles to become an entrepreneur. She is a registered nurse, a board-certified family nurse practitioner, and doctoral candidate at Pace University. She is the author of her debut novel, Se-lah: When Mommy Left for Farin.



# ABOUT THE BOOK

Se-lah debuts the stories of nine young women who are related to each other by blood, kinship, and friendship. Their stories speak of what it was like for them growing up as girls and what it is like to live in a woman's body in their world – a world inclusive of incest, rape, child abuse, and feelings of abandonment, abortion, miscarriage, and mental health disorders.

### TESTIMONIALS

Se-Lah: When Mommy Left for Farin, has received an abundant amount of five-star reviews and testimonials from its readers.

Bittersweet emotions as I read. I felt connected to each character as if the writer had opened my head and took my thoughts. So much more to say but guys you all should definitely get a copy. I finished reading in one day, because I could NOT put it down.

NSL, Amazon Review ★ ★ ★ ★

I could not stop reading this book. It was so hard to put down because of work. I loved how the book started off as a girls trip then led into each character speaking about a traumatic time in their lives. This book is very emotional. I caught myself bawling real tears. I love how personal this book became. Although I cannot relate to any of the characters, I felt the pain and hurt each one went through. I strongly recommend this book, and I hope SELAH will get the recognition it deserves and goes far.

Shauntese, Amazon Review ★ ★ ★ ★

Amazing book!!! I didn't know what to expect from this book but once I started reading it I couldn't stop. The stories of these characters are so personal, it hit close to home because sometimes we go through things in life that many of us don't ever share but then you read a book like this one and it is so empowering. I'm so pleased by this book, I would recommend for everyone to read. Would also be a great gift for anyone. **J.Florian, Amazon Review** 

One never know the storms one will encounter in life, it's not magnetic the circumstances of evil that exist to destroy ones life. The unity formed through each experience transcends to the reader like myself the power of love. Nick, Amazon Review

This Book was more than a story to me, It became Therapy. Thru the words and tragedies these woman faced in this book, it gave me courage, hope. and Faith to realize as a women that faced similar experiences I can move on and not feel scared, Ashamed or helpless. Strongly recommend this read. **KaneK, Amazon Review** 

## TESTIMONIALS

Se-Lah: When Mommy Left for Farin, has received an abundant amount of five-star reviews and testimonials from its readers.

Excellent book. I would recommend it to friends. The stories highlight events that many people have experienced and the revelation was insightful.

Amazon Customer, Amazon Review ★★★★

Just started reading and I'm hooked. Highly recommend!!!

Amazon Customer, Amazon Review ★★★★

I absolutely love this book title. I love the transparency of each woman. For the reader its a therapy session filled with healing and love.

Amazon Customer, Amazon Review ★★★★











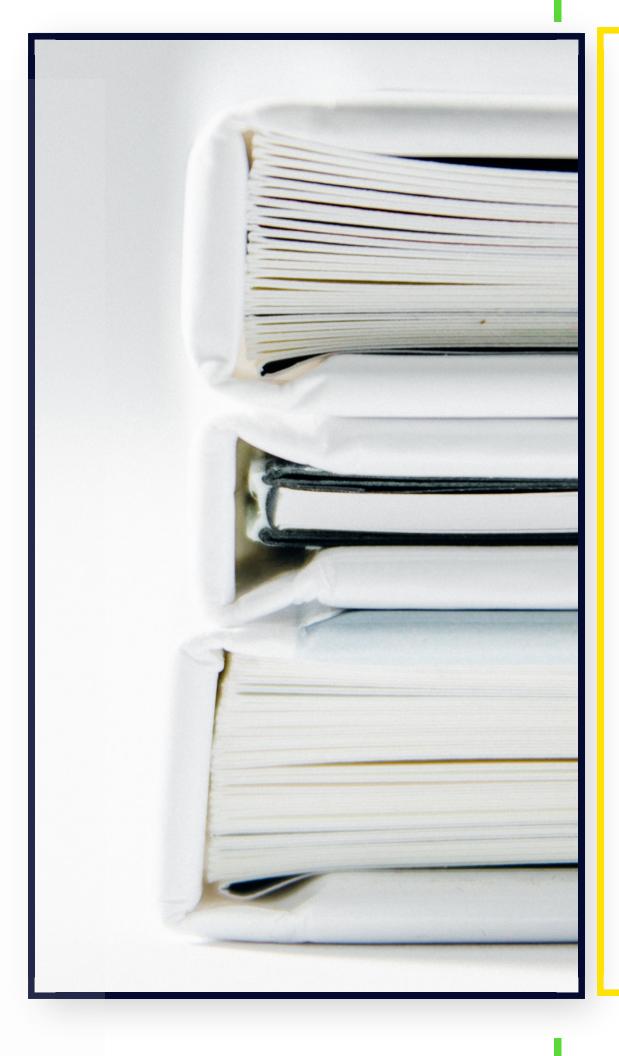












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